Transportation Resources

Ambulatory (This means one can walk unassisted)

**Arizona Senior Transport**
Provides round trip, door-to-door service in the Tucson metropolitan area and outlying communities, such as Catalina, Green Valley, Marana, Oro Valley, and Saddlebrooke. Rates are dependent on distance and gas prices. There is a $15 minimum round-trip charge. Call for information and estimates.
(520) 573-6221; E-mail: azseniortransport@earthlink.net

**Cars4Vets**
For Veterans living in Marana only. They provide roundtrip transportation to the Southern Arizona Veterans Health Care Center, 3601 S 6th Ave, (VAMC) for $40. If any stops are made on the way there is an additional charge. They also accept donated cars that can be fixed up and given to Veterans to increase their independence.
Contact Scotty: (520) 272-7031

**DVA Transport Network for Veterans**
Volunteer drivers transport veterans who have no means of transportation to and from medical appointments at various Department of Veterans Affairs Medical Facilities around the state. A minimum of three days advance notice required.
(520)-792-1450 ext. 1-6565
www.dav.org

**Friends In Deed**
For residents of Green Valley. Maintains a pool of volunteer drivers for people who need medically-related transportation and grocery shopping within Green Valley or to and from Tucson. Call 24 hours in advance for Green Valley rides and 48 hours in advance for Tucson rides.
(520) 625-4424 Monday–Friday from 9:00 A.M.–11:00 A.M.
http://fid-gv.org

**Impact of Southern Arizona—Catalina**
For the Catalina, Saddlebrooke, Sun City Vistoso and Rancho Vistoso areas only. Volunteers may be available for transportation to medical and physical therapy appointments. Call to inquire. Volunteers are always welcome.
(520) 825-0009
www.impactsoaz.org

**Interfaith Community Services**
You must register with ICS to request services. Registration begins with a telephone interview to gather information and is followed by a home visit to get to know you better, explore your needs, and determine which ICS services would be helpful.
(520) 297-2738 ext. 223 Monday–Friday from 9:00 A.M.–4:00 P.M.
www.icstucson.org
Lioque Senior Center
Provides transportation to elders of the Pascua Yaqui Tribe to and from the Senior Center for support services and meals.
(520) 879-5530
www.pascuayaqui-nsn.gov

Lyft
In order to use this service, you must have a Facebook account, a valid credit card, and download the Lyft app to your iPhone or Android device. After signing up through Facebook and providing a valid credit card number, users can request a ride through the app. There is no set fee, but riders are encouraged to make a donation to their driver through the app. Drivers are volunteers who are free to accept or decline requests for rides. Passengers are rated by the drivers afterward and this rating becomes part of the user’s profile. To use this service, connect to your Facebook account through the Lyft app. For more information, visit: www.lyft.me/drivers

Mike’s Helping Hand
Provides personalized transportation escort for shopping, errands, and appointments in central Tucson and the eastside. Usual rates are $15–$20 per hour with a 2 hour minimum plus 50¢ per mile. Bonded and insured. Call to pre-schedule and discuss cost. Fold up wheelchairs may be accommodated.
(520) 207-3917 or (520) 241-6169
www.mikeshelpinghand.com

TRS Transportation, LLC
Provides ambulatory and wheelchair-accessible transportation in Tucson and the surrounding areas. Advance notice is helpful but not required. Call for rates.
Contact: Bradley Smith.
(520) 870-5306

Old Fort Lowell Live-At-Home Program
Not-for-profit community-based program in the Old Fort Lowell Neighborhood (from Swan east to Pantano Wash and the Rillito River south to Grant). Neighborhood volunteers provide services to older adults and others who need assistance and live within the boundary area. These services include transportation.
(520) 275-6757
www.oflna.org

iTN Greater Tucson
Volunteers provide rides in private cars for the visually impaired and seniors age 60 and up. Membership is $50 per year for one and $75 for a family. Rides cost $2.50 plus $1.50 per mile. To apply, call or visit their website at http://itngreatertucson.org.
(520) 209-1645

Neighbors Care Alliance
An alliance of volunteer programs composed of over 120 neighborhoods and faith communities throughout Pima County that provide, among other services, transportation for seniors and disabled adults who live in participating communities. Administered through Pima Council on Aging. Volunteers are always welcomed. Call PCOA to see if there is a volunteer group in your area.
(520) 790-7262
**Pima Council on Aging**
Subsidizes the cost of Sun Van and Sun Tran passes to attend meals at one of PCOA’s socialization and nutrition centers for seniors 60+ who are low-income and ADA eligible. Includes trip vouchers for Ajo, AZ. Service is provided on a donation basis. Call the City of Tucson ADA (Americans with Disabilities Act) Office at 791-5409 to request an application.
(520) 790-0504, X 5044
[www.pcoa.org](http://www.pcoa.org)

**Pima Council on Aging and City of Tucson Parks and Recreation**
Subsidized transportation support is available for socialization and nutrition program participants attending the El Rio and Armory Park Centers and living in the immediate area. Service is provided on a donation basis.
(520) 791-4070 for Armory Park
(520) 624-5313 for El Rio
[www.pcoa.org](http://www.pcoa.org)

**Pima Council on Aging and Casa Community Services**
Subsidized transportation for socialization and nutrition program participants at Casa Community Services in Green Valley. Service is provided on a donation basis.
(520) 399-2136
[www.pcoa.org](http://www.pcoa.org)

**Pima Find-A-Ride**
[www.pimafindaride.org](http://www.pimafindaride.org).
This website is a project of the Pima County Association of Governments (PAG) and is intended for use by the general public as well as older adults and those with special needs. Individuals can search for potential rides by entering the starting address and the destination they wish to get to, as well as any special accommodations that may be needed.

**Road to Recovery**
Transportation for cancer patients to and from doctor appointments and treatments. Services are provided by volunteers. Sponsored by the American Cancer Society. Pre-registration is required.
(520) 321-7989 ext. 3

**Sun Tran: City of Tucson Public Bus System**
Call and select option #1 for assistance in trip planning and fare information. Please have departure and destination addresses ready. If you have special needs, tell the operator so accessibility and sheltered bus stop information can be given to you.
(520) 792-9222
[www.suntran.com](http://www.suntran.com)

**Taxicab Companies**
These can be found online or in the Yellow Pages. No advance notice is required, but advance reservations may be made. Share rides with friends, neighbors, etc., to divide the cost.
**Tucson Partners in Caring**
A service of Lutheran Social Ministries of the Southwest. Provides Sun Tran bus passes to low-income individuals on Monday mornings only. Limit is 10 passes and ID must be provided: (520) 747-3745 Church of the King; (520) 327-6857 Grace St Paul Episcopal Church; (520) 731-8905 New Spirit Lutheran Church.

**VICaP (Volunteer Interfaith Caregiving Program)**
This is a volunteer organization that provides medical transportation to elderly and disabled residents in Benson, Mescal, St. David, J-6, and Pomerene. Rides are provided to medical offices in Tucson, Sierra Vista, and Willcox. A $20 donation per ride to cover the volunteer's fuel expenses is requested but not required. Requests for rides must be made at least three days in advance.

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**Ambulatory and Non-ambulatory**

**Ajo Transit Service**
The Ajo Transportation Company provides ambulatory and wheelchair-accessible transportation from Ajo to the Laos Transit Center in Tucson (6th Avenue and Irvington). Transportation to other areas in Tucson is available for an additional cost. Seating is available on a first come, first served basis. Reservations are recommended. This company also operates Ajo Dial-A-Ride which provides transportation within a six-mile radius of Ajo Plaza.
(520) 387-6559 or 1-800-242-9483
www.ajotransportation.com

**American Pony Express**
Provides ambulatory, stretcher, and wheelchair-accessible transportation. 24 hours advance notice requested. Rates vary with time, distance, and type of service requested.
(520) 888-2996

**Arizona Medical Transit**
Provides 24/7 non-emergency transportation all over Pima County and Southern Arizona. Advance notice is not usually required. They provide round-trip transportation to church, shopping, hospitals, doctor appointments, pharmacies, dialysis, and other locations. They accept most insurance plans and can assist with insurance claims. Ambulatory, wheelchairs, and stretchers are all okay.
(520) 792-0944
www.amtransit.com

**Cardinal Medical Transport**
Provides non-emergency transportation in Tucson and surrounding areas. They provide one-way and round-trip transportation to medical appointments and other local destinations. 24-hour notice is preferred, but same day transportation may be available. Ambulatory, wheelchairs, stretchers and bariatric transportation are all available. Rates vary with time, distance, and type of service requested. Caregiver seating is available at no additional cost.
(520) 310-9855
www.cardinalmedicaltransport.com
**Copper Star Transportation**  
Provides 24/7 non-emergency transportation in Tucson and surrounding areas. They provide round-trip transportation to church, shopping, medical appointments and any local destination. Some insurance plans accepted with prior authorization. Ambulatory, wheelchairs, stretchers and bariatric transportation are all available. Caregiver seating is available at no additional cost.  
(520) 312-0411

**Crane Medical Transport**  
Provides 24/7 non-emergency medical transportation all over Pima County and Southern Arizona. Advance notice is not usually required and most trips can be accommodated within 30 minutes. They provide round-trip transportation to hospitals, doctor appointments, pharmacies, dialysis, and other locations and they accept most insurance plans. Ambulatory, wheelchairs, and stretchers are all okay.  
(520) 885-1733  
www.cranemedicaltransportation.com

**Disabled American Veterans Transportation**  
Provides vans and volunteer drivers for Veterans who have no means of transportation to medical appointments at the VA Hospital and live within a 10-mile radius.  
(520)-792-1450 ext. 1-6405  
www.dav.org

**Medical Transport Company (MTC)**  
Provides 27/7 non-emergency transportation to medical facilities and assisted living facilities all over Pima County. A minimum of one hour advance notice is requested. Ambulatory, wheelchair, stretcher, and bariatric service are available. Caregiver seating is available at no additional cost. Rates vary with time, distance, and type of service requested.  
(520) 999-8900  
www.medicaltransportationco.com

**Rural Metro Fire**  
Provides non-emergency transportation by ambulance. Call for rate information.  
(520) 299-1411  
www.rmfire.com

**Safe Ride**  
For members of certain health plans only. Door-to-door, non-emergency transportation provided for HMOs, PPOs, AHCCCS, and other insurance companies. 24 hours advance notice required. Rates vary by service, distance, time, and insurance coverage.  
1-800-797-7433  
www.saferideservices.com

**Sun Tran: City of Tucson Public Bus System**  
Wheelchair-accessible bus routes are available. Call and select option #1 for assistance in trip planning and fare information. Please have departure and destination addresses ready.  
(520) 792-9222  
www.suntran.com
Sun Shuttle Dial-a-Ride (formally Handicar)
Sun Shuttle provides wheelchair accessible, door-to-door transportation for ADA registered passengers in Pima County who live outside of Tucson city limits. (If both the pickup destination and drop off destination are inside Tucson city limits, call Sun Van instead of Sun Shuttle.) Reservations are required. Transportation is provided in Discount Cab vehicles. To become ADA registered, call (520) 791-5409. For service boundaries or to make a reservation, call (520) 792-9222.
www.suntran.com/sunshuttle/shuttle-route.htm

Sun Shuttle Dial-a-Ride — Green Valley/Sahuarita
Sun Shuttle Dial-A-Ride provides transportation anywhere in the Green Valley/Sahuarita service area. This service is available to anyone. There are no restrictions based on age or disability. Reduced fares are available for seniors age 65 and over and for passengers who are disabled or low-income. You must have a SunGO ID card to pay the reduced fare. This service is available on a first come, first served basis; call in advance to make a reservation. Dial-a-Ride does not provide service outside of the Green Valley/Sahuarita area. For rides to Tucson, passengers need to take the fixed route service which starts at La Posada and ends at the Ronstadt Transit Center.
(520) 792-9222
www.suntran.com/sunshuttle/shuttle-route.htm

Sun Shuttle Dial-a-Ride — Oro Valley/Catalina
Sun Shuttle operates three Dial-a-Ride services in Oro Valley. All rides are on a first come, first served basis.

1. General Public Service: This service is for anyone in Oro Valley who needs to travel to another destination within the Oro Valley service area. Call or visit their website for exact service boundaries. This service is available on a first come, first served basis; call in advance to make a reservation.

2. Seniors 65 and Older: Passengers age 65 and older can request rides to destinations outside of Oro Valley as long as the ride originates in the Oro Valley service area. Destinations can be as far south as 22nd Street and as far east as Wilmot. I-10 serves as a rough boundary on the west. Call or visit their website for exact service boundaries. This service is available on a first come, first served basis; call in advance to make a reservation. (This was formally Coyote Run.)

3. ADA Certified Passengers: ADA registered participants in Oro Valley can request a ride to almost anywhere in the metropolitan Tucson area as long as the ride originates in the Oro Valley service area. To become ADA registered, call the Tucson ADA Office at (520) 791-5409. Upon request, a Sun Shuttle driver can assist a passenger from the entrance of the pick-up location to the bus seat. Drivers can also assist passengers with up to four bags or packages. A Personal Care Attendant who is registered with the ADA can ride with the passenger for free. This service is available on a first come, first served basis; call in advance to make a reservation.

To use any of the Sun Shuttle services in Oro Valley, call (520) 229-4990.
www.suntran.com/sunshuttle/shuttle-route.htm

Sun Shuttle Fixed Routes with Flag Stops
Some Sun Shuttle fixed routes have flag stops which allow passengers to board at a preferred location along designated sections of a route. Passengers using a Flag Stop
should wait a safe distance from the street and wave to the driver to indicate you would like a ride. Visit their website to view designated flag stop zones or call (520) 792-9222

**Sun Shuttle Routes with Flag Stops:**

- 410 – Anway/Trico
- 411 – Cortaro/Silverbell
- 412 – Thornydale/River
- 430 – Tucson Estates
- 440 – San Xavier
- 450 – SE Tucson/Rita Ranch


**Sun Van**
Provides wheelchair-accessible, door-to-door transportation within Tucson City limits. (If either the pickup or drop off destination or drop off is outside of Tucson city limits, call Sun Shuttle instead of Sun Van.) Reservations accepted by phone one to seven days in advance. Must be ADA eligible. Call the ADA Office at (520) 791-5409 for an application.
(520) 798-1000
[www.vantran.org](http://www.vantran.org)

**Wheeler’s Inc.**
Provides state-of-the-art wheelchair-accessible van rentals throughout the Tucson area. Please call or visit their website for rates.
1-866-859-8880
[www.wheelersvanrentals.com](http://www.wheelersvanrentals.com)

**Angel Flight**
Angel Flight provides air transport to individuals with serious medical problems. Extended services (which are free of charge) include relocation flights for victims of domestic violence. Call or check website for requirements and prerequisites (888) 426-2643
[www.angelflight.org](http://www.angelflight.org)

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**Airport Services**

**Arizona Shuttle**
Transportation from Tucson to Sky Harbor Airport in Phoenix.
(520) 795-6771
[www.arizonashuttle.com](http://www.arizonashuttle.com)

**Arizona Stagecoach**
Door-to-door shuttle service to the Tucson Airport.
(520) 889-1000 for reservations
(520) 881-4111 for group service
[www.azstagecoach.com](http://www.azstagecoach.com)

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_Pima Council on Aging assumes no responsibility by providing this information. It is a community service only and not an endorsement of the organizations listed. Persons enrolled in medical, long-term care and HMO insurance plans should contact customer service representatives to determine if transportation is available for non-emergency medical appointments._